



a true fisherman
 knows when and where
 the fish are biting.
 He rises up early in the morning,
 plying the water for that
elusive catch,
 waiting in the stillness for a nibble
 A slight twitch in the line,
 expertly he reels it in –
 A good fisherman
 knows a keeper when he sees one,
 he knows when to toss one back,
 and when to **head for home.**

In Loving Memory **Mark Allen Fretheim**

Date & Place of Birth

January 15, 1969 ~ Stanley, North Dakota

Called Home to His Heavenly Father

November 16, 2023 ~ Tioga, North Dakota

Funeral Service

Tuesday, November 21, 2023 ~ 11:00 AM

Bethlehem Lutheran Church

Ross, North Dakota

Musician

Katie Harwood

Officiating

Pastor Rebecca Mangelsdorf

Intern Milo Mell

Pallbearers

Rory Syverson Shannon Osvold

Mike Kyllonen TJ Moore

Brian Fretheim Byron Fretheim

Honorary Pallbearers

All of Mark's Nieces, Nephews & Cousins

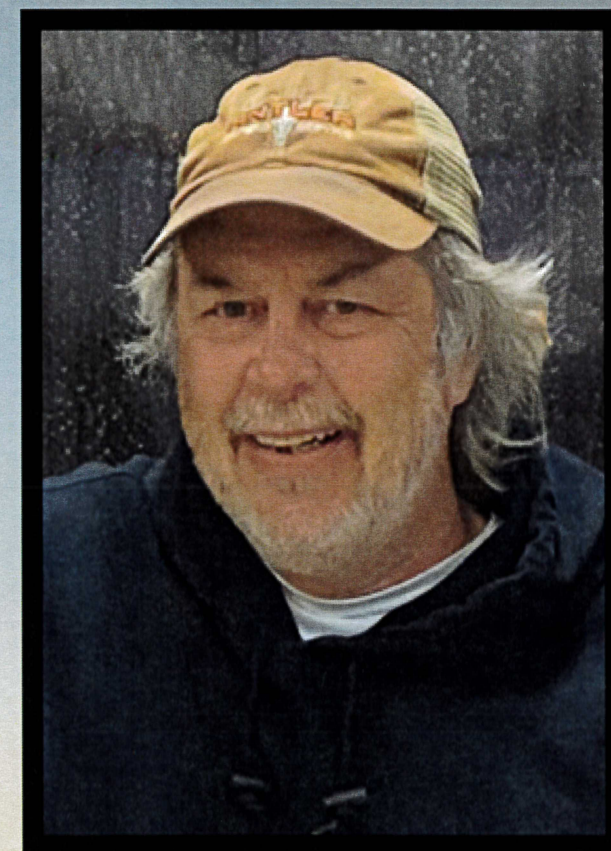
Final Resting Place

Rose Hill Cemetery ~ Ross, North Dakota

Arrangements By

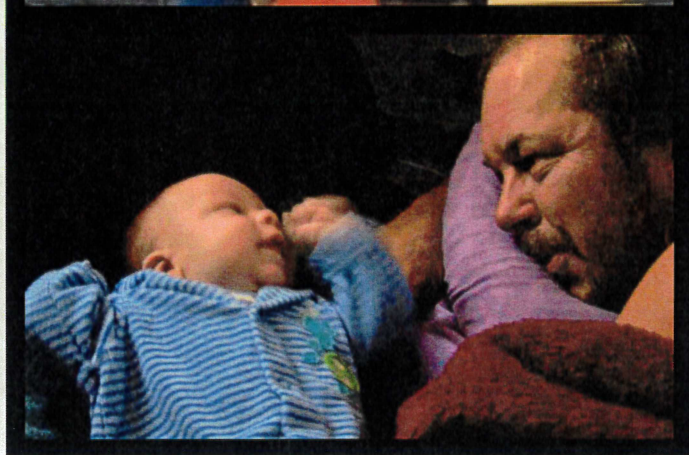
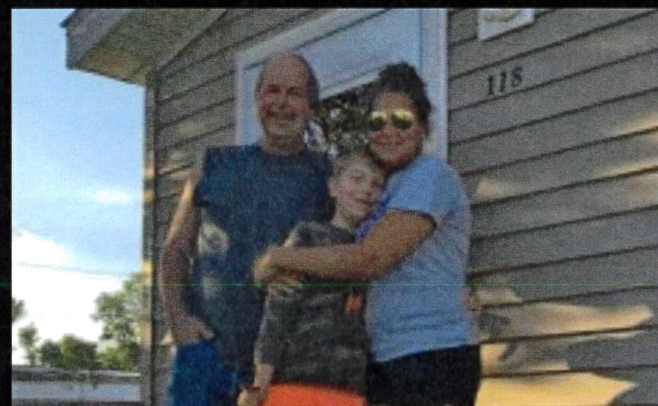
Spingan Stevenson Funeral Home

Stanley, North Dakota



Mark "Cuz" Fretheim

January 15, 1969 - November 16, 2023



Mark "Cuz" Fretheim, 54, of Tioga, passed away unexpectedly in his home on November 16, 2023. Born on January 15, 1969, in Stanley, ND, Mark was the beloved son of Marlys Fretheim and Richard Colbenson.

Mark's adventurous spirit led him to Philadelphia after graduating from Stanley High School, but his heart brought him back to North Dakota, where he found his place in Tioga, contributing his skills to the oilfield until his untimely departure.

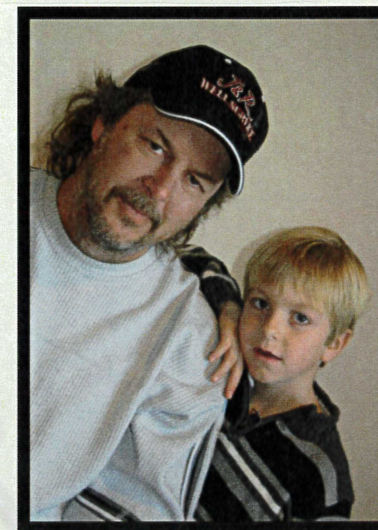
A true craftsman, Mark's hands could master any task, earning him the title of everyone's "handyman." Yet, it was his infectious laughter and "amazing" joke-telling that made him the life of every party – earning him the affectionate nickname "Cuz" from all who knew him.

Mark loved taking his nephews on adventures when they were little especially on his infamous gopher fishing trips.

Mark's greatest joy, however, was being a devoted father to his son, Austin "Bud" Fretheim. His pride in Bud was evident, and nothing brought him more happiness than sharing life's moments with his beloved son.

Mark leaves behind a legacy of love and laughter. He is survived by his son, Austin "Bud" Fretheim; daughter, Jayden Hodges; brothers, Chris (Dezarae) Glaholt, and Giles Glaholt; sisters, Tina (Mason) Glaholt, Angela Ellingson, and Theresa Chaney. Mark also leaves behind a multitude of nieces, nephews, aunts, uncles, and cousins.

He is now reunited with his parents, grandparents, aunts, uncles, and cousins who preceded him in death. As we celebrate Mark's life, let us remember the joy he brought to our lives and the legacy he leaves in the hearts of those who loved him.



FAMILY
WHERE
life BEGINS
and
love
NEVER ENDS

